

22/01/2021

Dear Sir/Madam,

People do not split themselves into two; one part to manage their physical health and the other their social, mental and spiritual health. Unfortunately our current NHS and social care system does do that and the way we care for people in the UK has become too complicated, fragmented and disjointed.

The Whitestone Integrated Care Facility (ICF) project is a great example of how we could make health and care support less complicated, easier to navigate, more local and responsive. The outcomes being better outcomes for those we are all seeking to support.

Guideposts Trust has been collaborating with Whitestone Surgery successfully for many years (<https://happyhealthyandinvolved.org/>) and we believe in social prescribing and the principles of integrated care. This ICF project allows that integration, by providing a shared space for health and social care providers to work closer together to support a person's needs – body and mind.

Guideposts has witnessed the impact of this approach at a GP practice level and keen to see this model expand its impact in Warwickshire and elsewhere.

Guideposts supports this project because it would provide space for mission delivery. Guideposts Trust exists to support the most disadvantaged people in our local communities; founded on the belief that all people, regardless of their circumstances, are equally valued and should have an equal chance to live the best life possible.

Guideposts supports over 840 people each month, providing over 8,500 hours of support. We provide crucial services for children and adults with additional needs and disabilities, people with mental health problems, older people with dementia and other neuro-degenerative conditions, and the families or carers of all these groups. Innovative projects like the Whitestone ICF would give us and other charities a chance to work closer with our health partners and make a difference to many more local people.

Best wishes



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